

Social workmanship Berlin
e.V.

Founded

December 6th 1971

As citizens' initiative

Slogan

Elder people
are helping
elder people

Purpose

To counter
Loneliness and isolation
Of elder people

Activities

Visiting services in nursing homes

Consultation hours

Cultural events

Create circle of interests

Get together\$

Christmas bazaar

Most important social task

Building up
an extensive
visiting service in
nursing homes

Visiting Service

Very important mainstay

Lots of visits in homes

Activity groups

Afternoon gatherings with music

Boat and Bus excursions

Christmas celebrations

Self-help and advisory center for elders front view

- Foto

Self-help and advisory center for elders

back yard with terrace

“ Foto

Fantastic decorated ballroom for the bazaar

“ Foto

Bazaar at the library

“ Foto

Valuable embroidered tablecloths made by the handicraft group

Bazaar at the handicraft vestibule

” Foto

Wonderful handmade things are sold here

The three models realized

- “ The house was planned, financially contributed and build by Elders
- “ It is managed by elders in self-responsibility and voluntary
- “ The house is open daily, also on Sunday and holidays from 10am to 6pm

Description

Self-help and advisory center for
elders

also named "little castle"

is the first in all Germany that is
operated and financed by the
persons concerned

Meaning

This house builds the second location of the advisory Center in Berlin

It was accepted very quickly

Every year it's visited by more elders

On the 24th of November 2008 we welcomed our 1 Million visitor. Mrs. Agatha Kupke 90 years old

Main focus of our work

Self help

Volunteer work

Visiting service

Help for others then elder

Use of experience knowledge

Weeklong courses, also for foreign
guests

Circles of interest

Handicraft, knitting / stitching

Movement abilities

Women and men talk groups

English courses

Memory training

Gymnastics for elders

Card games

Visiting service

Circles of interest

Bowling

Culture, Literature, Art

Editorial team meeting

Little castle choir, singing group

Comidien group

Yoga for elders

Hiking

Milestones

- “ April 1st 1988: Foundation of the first coordination center for ambulate, social rehabilitation of Elders
- “ April 1996: Opening of a self-help centre for Elders in Tallinn (Estonia)
- “ Oct. 1996: Foundation of a friends circle middle- and east Europe
- “ Dec. 6th 1996: 25th anniversary celebration with the German federal president Ramon Herzog

25 years of Social workmanship Berlin e.V.

“ Foto

Further milestones

Nov. 2002: first nationwide conference about self-help

June 2002: Work circle: concentrated action for gerontology in Berlin and Brandenburg is founded

Sept. 2004: Pilot project: Competence network for the age

March 2010: Pilot project: older people evaluate the life situation of nursing home residents

Working circle middle- and east Europe meeting at a European seminar

“ Foto

Concert of the Little Castle⁰⁰ Choir

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Christmas celebration 2009 for residents

“ Foto

Awards

Käte Tresenreuter

22.05.1979: German order of merit given by federal president Walter Scheel

23.10.1984: First class German order of merit given by federal president Richard von Weizsäcker

29.08.1988: Golden joint badge of honor

01.10.1996: Order of merit given of Berlin

15.02.1999: 4th class order of the Estonian red cross given by the Estonian president Lennart Meri

Harry Tresenreuter

Aug. 2001: German order of merit given by federal president Johannes Rau

Thanks

~~s~~We are strong due to our support and
Due to our big community.

~~I~~m convinced, that under these
circumstances we can continue our
beneficent work for a long while.

~~I~~m also thankful for our many volunteers
who are doing such a exemplary work.‰

Käte Tresenreuter

Conclusion

Self - help and self - determination
of elders will be the future
for an open help for old people.

Kate Tresenreuter